

WHOMENTORING



fiatalok mobilitása
ifjúsági csereprogram
digitális technológiák
környezet- és klímatudatosság
whomentoring



ÉRTED
EGYESÜLET



**Az Európai Unió
támogatásával**

The project was funded by the European Union through the Erasmus+ programme.



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Eger



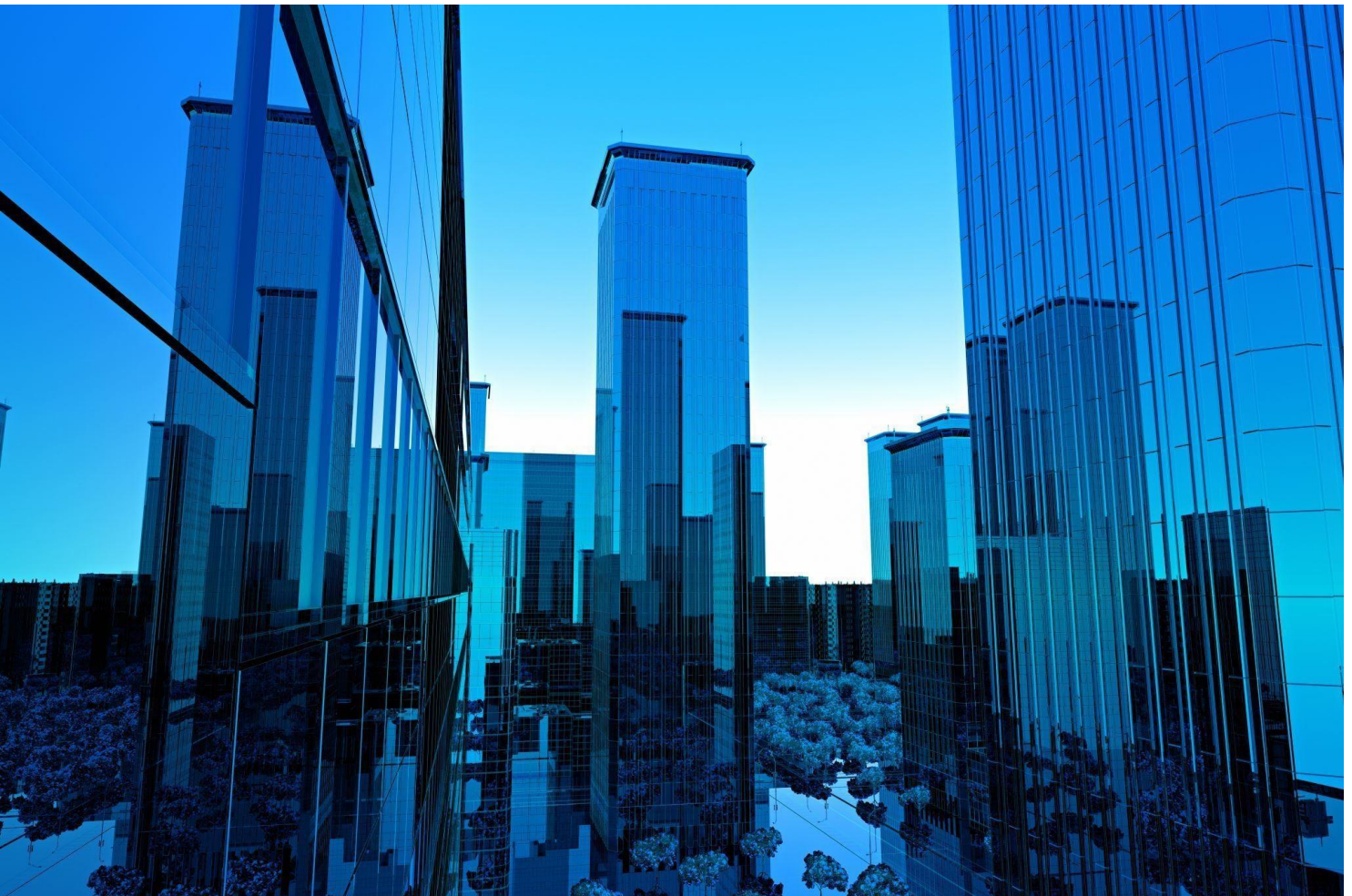
WhoMentoring

In 2024, the Érted Association and its partners implemented the Erasmus+ WhoMentoring project.

The aim of our project was to raise awareness among young people of the strategic importance of the energy sector, as we cannot live without electricity in our current way of life. Maintaining our standard of living is a major energy challenge. Reducing energy consumption is not easy. We need to use energy more rationally and efficiently, and this is what we have highlighted in the exchange programme. Our WhoMentoring project is a joint journey around the modern energy sector with young people who are changing and evolving and experiencing many new things along the way.



The project partnership consisted of four organisations: the Asociatia Green Day from Romania, Iuventus Ventus from Serbia, the Association of Hungarian Students and Young Researchers from Transcarpathia from Ukraine and Érted Association from Hungary. Within the framework of the KA152-YOU Erasmus + Mobility project, young people participated in a variety of activities, including small group sessions, round table discussions, situational games and joint interactive presentations. The exchange took place at the Park Hotel Táltos, located a few kilometres from Eger, in Felsőtárkány, at the gateway to the Bükk Mountains. The project was supported by the European Union through the Erasmus+ programme.



About Erasmus+

Erasmus+ is the European Union's programme for education, training, youth and sport, for which applications can be submitted by institutions and individual participation can be through them. Over €26 billion has been agreed for the 2021-2027 programme period.

One of the main objectives of the Erasmus+ programme in the field of education is to achieve the **European Education Area** by 2025. By increasing accessibility and providing more flexible forms of mobility, the programme will be open to an even wider and more diverse group of people, continuing to support **the development of innovative approaches** and **promoting both green and digital solutions**. New project opportunities for applicants and participants will be available during this phase of the programme.



Youth exchanges

Youth exchanges give young people the opportunity to live with young people from other countries for a short period of time and work with them on joint projects. This is an excellent opportunity to get to know their peers abroad. Youth Exchanges are not organised in schools. Young people can take part in workshops, practical activities, debates, role-playing, outdoor and other activities.

- Participants can have their learning recognised through the Youthpass certificate.
- Youth exchanges last from **5 to 21 days**. This does not include travel time.
- Youth exchanges are open to **young people aged 13-30**.



Participating organisations

For you Association

The idea of founding the association was conceived during our college/university years, so our members are all active or graduated university students. In 2019, we registered our association as the For You Association. Our association underwent a change of board in 2020 and since then our civic and volunteer activities have grown significantly: we now have an active relationship with the Tinódi Sebestyén Tagiskola of the Balassi Bálint Elementary School in Egri. In addition to this



We are in constant contact with other active NGOs, which we support through volunteers and the involvement of our members. Our association is involved in and launches a number of civic initiatives in Eger, focusing on economic, environmental and cultural issues. Our volunteers include several current and former students of the Eszterházy Károly Catholic University.

The aim of the Érted association is to promote the exchange of information and experience on the local and regional aspects of the municipal, rural and regional development, EU integration processes, economic, cultural and human resources

environmental, agricultural and tourism development, implementing innovative projects and promoting regional cooperation.

Asociatia Green Day

It was founded in 2009 in Târgu Mureş. The variety of events organised by the association, its community-moving power, is the proof that it is one of the most dynamically developing and active organisations in the Upper Tricity. The association's target group is primarily the population of Kézdiszék, but as the organisation develops, its programmes are increasingly extended to the Szekler region, thus the target group is also growing. Their activities are very diversified, including environmental education, sports and youth programmes. They describe themselves as an open and sensitive association, with 17 members and an average of 30 volunteers. However, they are more than just running a major event

are able to move at the same time. Every year, our programmes reach around 2000-2500 people. The mission of the organisation is to promote sustainable living practices and the idea of volunteering in a human-scale, open and self-driven community.





The Iuventus Ventus Association is a non-partisan social organisation whose main objectives are to collect and organise information, disseminate knowledge and train young people through education; to help young people find their way in life; to help young people increase their knowledge; to organise youth events; the importance of the role of the family, a family-friendly approach; promoting the integration of young people in the European Union; reducing the differences between different age groups and generations; creating dialogue, strengthening cohesion; helping disadvantaged groups in society, promoting equal opportunities, social activities; youth camps and community-building activities

organising programmes; building and maintaining relations with Hungarian and non-Hungarian youth organisations abroad; promoting health and healthy lifestyles; promoting environmental awareness and the importance of environmental protection and nature conservation; organising study and educational trips to help young people in their professional careers; reducing the distance between the state and citizens, familiarising society with the functioning of the state and the European Union; promoting the development of the local and regional environment.

Association of Hungarian Students and Young Researchers of Transcarpathia

The KMDFKSZ also performs many of the same tasks as the HÖK in other countries or universities, but our remit and goals are much broader. The KMDFKSZ is a student and doctoral student organisation registered at the county level, it cannot be linked only to the Hungarian faculty or university. Although its headquarters are in Uzhhorod, it cannot be linked to this one varos only. The organisation was founded in 1998 on the initiative of Professor Péter Lizanec. A year later, the organisation was reorganised and took legal form. The official registration of the KMDFKSZ dates back to 14 April 1999. The board of the organisation awarded the professor the title of Honorary President, which is only a small distinction.



for all the help he has given us and continues to give us. Since 6 October 2000, KMDFKSz has been a member of the Student Forum of the Concord of Interests, which includes organisations such as the Student Network. The organisation is also a member of the Hungarian Youth Conference and from the autumn it will also be working with the cross-border advocacy organisation Juventus Soliditas. The core aims and tasks of the KMDFKSZ are:

Our main task is to represent and defend the interests of Transcarpathian students, to address and coordinate the interests of young intellectuals in the country. Our goal is to help students and young researchers to acquire a high level of knowledge, to raise awareness of moral and cultural values and professional vocation; to promote the self-realisation and multifaceted development of young people; to encourage the recognition of social responsibilities and active citizenship among young people; and to cooperate closely with youth associations active in Ukraine and neighbouring countries.

WhoMentoring Programme

During the 10-day programme, we learned about smart homes with technical solutions to save money. Sustainability is one of the most important common concerns of humanity. In the coming years, individual responsibility will be even more important in this area. We have tried to present tangible solutions and good practices to a number of current problems that can help young people in their daily lives or in planning for the future. We believe that through our exchange programme we have contributed to strengthening young people's basic life skills. In the process of youth work, both we and the young people have developed together, for example by overcoming prejudices and individual, social or societal problems, the exchange programme has given them useful knowledge and skills that they can use later.

Another aim of our project was to promote young people's active participation in the life of the European community by connecting them with the youth community.

and in decision-making. Our project's activities were related to the field of out-of-school education, as well as leisure activities led by our volunteer facilitators and professionals, non-formal learning



Throughout our project, we have kept the needs of young people, and the partner organisations involved in mind, incorporating their ideas and jointly planning the project's implementation.



based on processes and voluntary participation.

Through the project, we introduced young people to the 2030 Climate and Energy Policy Directive and the EU's basic energy policy through interesting, colourful and playful learning activities. We looked at many of today's key climate and energy policy issues. We introduced young people to the latest research, tools and innovations in energy efficiency, and

we provided them with information resources through exciting exercises and a playful learning method.

1. Day Getting to know each other, team building

The young people arrived and occupied the accommodation. After that, there was a free programme, followed by a presentation of the objectives of the exchange programme and the programme plan. The young people took part in games to get to know each other.



team-building games to help young people got to know each other, the volunteers and the group leaders.

This was followed by the "Common House" game, during which young people's expectations and contributions to the programme were discussed, and the formulation of group rules. rules were set.



2. Day Erasmus+, European Union, Presentation of participating organisations

The second day started with a light refresher "energizer" on Erasmus+ and Youthpass, followed by a playful quiz. The young people heard about basic concepts of energy (presented by the Ukrainian team). Then the participating organisations gave a short presentation. Then, at the end of the day, the Hungarian traditions and culture, gastronomy were presented (Hungarian team evening).

3. Day Whomentoring beginnings

We also started the day with a playful task to get everyone active enough to join in with the rest of the day's activities. In the morning, we presented the European Green Deal and its reflection on the energy crisis: the main parts of the agreement, entitled "Creating the first climate neutral continent", were presented, and we discussed the Green Transition and Sustainable Development, reviewing the EU Council Recommendation on learning for a green transition and sustainable development. In the afternoon, we held a round table discussion on the energy crisis: a discussion on why it is important to address energy consumption and why the knowledge to be acquired through the project is important for everyone. We shared knowledge and explored the level of knowledge. WhoMentoring:

the Getting Started element of the programme, young people learn about environmental issues and discuss renewable energy with their peers. At the end of the programme, they also discussed the advantages and disadvantages of different energy sources. The rest of the evening was spent reflecting, blogging and writing a learning diary: Young people contributed with ideas and suggestions to the group work. The final event was a presentation of Romanian traditions, culture and gastronomy (Romanian team night).

4. Day The first day in Eger

The team travelled to Eger in the morning on the fourth day of the exchange programme. After a sightseeing tour of the city, the young people visited the Eger Archbishop's basement, formerly known as the City under the City. This was followed by a lecture by Dr. György Kajati at the Eszterházy Károly Catholic University and a visit to an active house in the framework of an interactive presentation. Finally, the young people had the opportunity to dive into the historic baths, and those who didn't want to go to the baths had the chance to visit other sights of the city. After returning to the hostel, reflection and blogging followed, as well as the creation of a learning diary: the young people summarised what they had learned that day, recalled the interesting facts and then

have formulated them through blogging. The day ended with the popular Pet bottle sculpture: again a great success, the youngsters were able to express their creative side. Only old-style, non-refillable PET bottles were used for this element of the programme.



5. Day We're immersed in the energy mix

The morning was spent learning about electricity supply in EU countries. In addition, a SWOT analysis was presented. A SWOT analysis was carried out by the young people, working in groups with examples from different EU countries. Then came the round table with a difference: young people answered questions about their lifestyle

(water and energy consumption, mode of transport, etc.). Chairs were drawn based on the relevance and elaboration of the answers. Strengthening cooperation to achieve common goals. Playing an Energy Mix Toto: they could test their newly acquired knowledge on EU energy production through a playful Toto. It was a team effort, with a prize for the winning team. Afterwards, József Pápai gave a presentation on electric transport and the young people had the chance to try out electric bikes and electric motors, courtesy of the company ZTECH. Only young people with a driving licence were allowed to try out the electric motorbikes. The day ended again with a cultural evening, presenting Serbian traditions, culture and gastronomy (Serbian team evening).



6. Day Whomentoring 2

For the morning of the sixth day, all partner organisations prepared a presentation of urban good practices on energy efficiency and clean urban environment. In the afternoon, the Whomentoring series continued with WhoMentoring 2.1: Country: in this exercise, young people worked in groups to prepare a SWOT analysis of a fictitious country. WhoMentoring 2.2: City was a continuation of the previous element of the programme, in which the young people had to design a city based on the country's characteristics, each team being given a city type with unique characteristics. They had to use what they had learnt previously to design a city that was as green, energy-efficient and liveable as possible, based on 10 criteria. Afterwards, the teams presented their work and had to produce an illustration. They evaluated each other's work and discussed the strengths and weaknesses of their designs. Finally, there was a Ukrainian cultural evening: a presentation of Ukrainian traditions, culture and gastronomy (Ukrainian team evening).

7. day Smart homes, automation and a bit of nature..

In the morning of the seventh day of the exchange programme, the Hungarian team gave a presentation on energy-efficient houses, embracing the evolution of techniques and processes over the centuries to the present day, with a look ahead to future technologies. The day continued with a presentation on automation and monitoring: the Romanian team gave a presentation on current innovative solutions used in households to monitor our energy consumption. At the end, we discussed together who might have used some of them before. We discussed the positive and negative impacts of smart devices in modern society. To compensate for the indoor activities, we went for an easy hike in the Bükk Mountains around the accommodation. Afterwards, we closed the day with a musical-movie debriefing: we did a very well done collective singing session with well-known songs, which everyone joined in.

8. Day The second day in Eger

On the eighth day, after the morning exercise, we travelled to Eger again, where the young people listened to a presentation on the development, use and energy consumption of smart devices, given by Martin Bakos (IT). Afterwards we visited the secretariat of the Coal and Steel Regions Committee. The young people learned about the importance and the timetable for coal decarbonisation in Hungary, with details for all energy sectors. The young people toured the building, which since its renovation in 2021 has been operating as a so-called passive house and had the opportunity to talk to university staff about the energy crisis. It was an excellent opportunity to reinforce new knowledge. Afterwards, we returned to the hostel and closed the day with a "Country Quiz": young people from each participating country made a quiz about their country, which the others had to solve, and then we evaluated the correct answers together.



9. Day Whomentoring 3

The day was spent with the smart home calculators after the morning exercise: we learned how they work and tried out the different smart home and other energy calculators available on the internet with personal examples. Then came the third part of the Whomentoring thematic programme, where the young people were put into mixed groups and had to design a smart home, given a set of conditions, using the new knowledge they had learned during the week. Continuing the train of thought, the teams later had to calculate the energy consumption of the designed fictitious property, with some challenging conditions, using their creativity and problem-solving skills. Finally, the teams presented their designed property, energy saving solutions and energy use calculations. This interlinked practical exercise helped the young people to become more aware of



plan the energy consumption of their home

in the design of. In the late afternoon, the blog was maintained and a learning diary was created. The day concluded with a presentation by each young team from each country of a folk dance specific to their country or region.

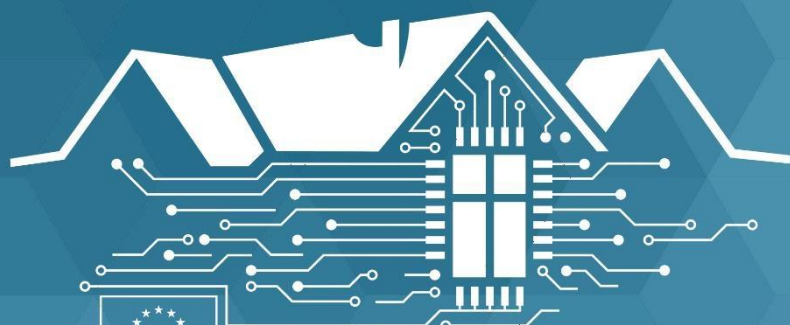
10. Day Discussion network, evaluation

On our last day of the programme, to summarise the elements of the programme, we launched a "Discussion Network", in which the young people initially worked in pairs on a sheet of paper divided vertically in two. The questions were Yes/No type questions related to the knowledge they had learned during the exchange and the pairs discussed the questions with each other. Their pros and cons were written down separately. Each pair then joined another pair and shared the arguments listed under both YES and NO. They also developed their debating skills and reasoning while reinforcing their new knowledge. In a round table discussion, we summarised the experiences, lessons learned and exercises during the exchange. All the young people mentioned at least one thing they could do to save energy and protect natural assets when they returned home. The YouthPass certificates were then handed out to the participants. The rest of the day was spent closing the blog, giving them the opportunity to evaluate the exchange programme from their own perspective, whether in terms of the activities, accommodation, meals or venues.



Source of the images and pictures: <https://erasmusplusz.hu/> ; <https://www.ertedegyesulet.hu/> ; Own photos

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